



Benefits from building a relationship with a pony

Spending time around horses is now clinically proven to be beneficial to your health. Horses have a calming influence and can be therapeutic to us all, helping confidence and self - awareness, or for a relaxing break from routine. You don't need to ride to feel the benefits of being around horses.

Activities include

- herd watching
- grooming
- massage
- help with the daily care of the horse
- Walking the horses in hand through obstacles

Who We Are

The 4 Gaits Riding School is a small family run business that offers professional livery and riding lessons for all. Set in the heart of the Kent country side well of the road, it gives a quiet and tranquil atmosphere.

Lisa Evans set up the riding school 7 years ago, she has been working with horses for 28 years and teaching for 25 years and strives to help people realize their full potential, whether this be on the ground with the horses, or riding.



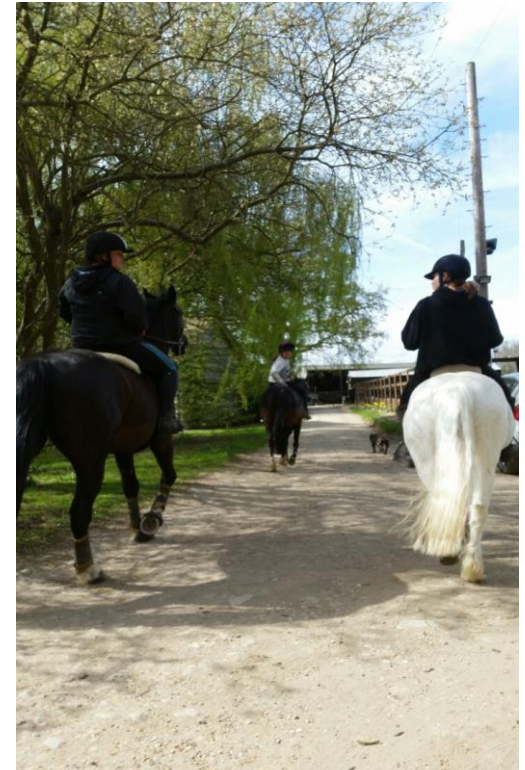
The 4 Gaits is a perfect venue to enjoy a holiday with relaxed horses, relaxed people in picturesque countryside.



THE 4 GAITS RIDING HOLIDAYS FOR ALL

Bullands
Pluckley Rd
Smarden.
TN27 8RQ

Mobile:
07706039360



THE 4 GAITS RIDING HOLIDAYS FOR ALL

*Pony Club and RDA Approved
Riding School- fully licensed
and insured.*



GYMKHANNA DAY IS THE BEST!!!!

Summer kids holidays

Easter riding holiday 4th to 8th Apr

30th Mayth to 3rd Jun 1s tAug to 5th Aug

15th to 19th August

Other dates can be arranged over the summer holidays if these do not suit

***5 day holiday (if you have your own horse here on livery or bring your own)
£250.00***

If using our horses for the week

Cost is £300.00

The days consist of at least 1 hours riding which could be a hack, lesson, gymkhana, picnic ride finished off with a show at the end of the week. Over the week the children will learn the day to day looking after horses and other stable management lessons. The evenings consist of playing games, bbq's and fun,

Adults Riding Holiday 20th and

21st August [can book other dates](#)

£125 if you have a horse here on livery or bring your own. **£175** if you are hiring ours

Included in the holiday

Breakfast, lunch and dinner is provided

Drinks and snacks are available at any time during the day

Tents

Shower and toilets

Riding for at least an hour a day

Stable Management lessons

Group photo at the end of the week to take home for memories

Every person will receive a rosette at the show

Lots of fun!!

www.4gaitsridingschool.co.uk



Trekking to the local pub for refreshments

Need to bring

Lots of clothes including warm ones for the evenings

Snacks and goodies for the evenings if you wish!! Children like a midnight feast!!!

Trainers, as well as riding boots

These holidays are for any age and ability, these are suitable for children who may not have even ridden but have an interest in horses. We adapt to whomever joins us

If your child is younger or not comfortable with staying away from home they can still join in the fun, you can drop of and collect at the end of the day. Also you can pick 1, 2 or 3 days. We are very flexible and adjust the costing accordingly.

